

Spiritual Blessing of Love

Sunrise alms giving "Tak Bat" and a spiritual blessing at our favorite pagoda



For centuries monks have left their temples every morning and walked through local towns and streets accepting alms from the local community. This is a great way for the monastic community to maintain contact with their followers and for people to gain merit.

Locals place rice and other foods into their alms bowls before the monks return to their temples with the collected food for breakfast. At one of our favorite local pagodas in nearby Kamala and after the "tak bat" we continue with your next rewarding way to connect with the Buddhist ethos of Thailand - a spiritual blessing of love.

Offering a small basket of items prepared by the Paresa chefs to the monks is a sign of respect, and the monk returns his thanks with a spiritual blessing. This consists of a monk presenting a small dish of holy water, gently pouring it over your hands to cleanse your spirit whilst chanting ancient Pali-Sanskrit 'Mantras'. The remaining holy water is lightly sprinkled around and over you, leaving you feeling lighter and calm, a very spiritual event and a welcome addition to the hectic lives we live nowadays.

The walking meditation occurs at first light and we invite you to join us for this very spiritual experience, a special way to perhaps start your new marriage, just to unwind or end your heavenly stay at Paresa.

Tour Name: Spiritual Blessing of Love

Tour Type: Sunrise

Operating hours: Daily, 5.30am - 7am

Guests: Just the 2 of you (private)

Price: Please contact the Angels for more information

Children under 12 free

Price Includes: Private roundtrip transfers with Paresa SUV, offering gift basket
