

**INTRODUCTION TO BUDDHISM**  
**THPKMT**  
**HALF DAY**

**OVERVIEW**

Is Thai Buddhism something you have always wanted to know and learn more about? This half day session will introduce you to the history of Thai Buddhism together with traditional meditation used for centuries in Thailand. Learn the foundations and techniques that have been introduced by the master of meditation, and also partake in the Thai Buddhism rituals.

**PROGRAM DETAIL**

In the morning, your guide will take you to "Wat Luang Pu Supha", one of the three most important temples in Phuket, built by Luang Pu Supha, the famous master of Thai Buddhism meditation. Here, the guide will give you an insight story about this temple, its founder, and even meditation techniques similar to those taught by Mahasi Sayadaw, based on four foundations of Mindfulness described in the Maha Satipatthana Sutta. Then proceed to renowned "Wat Chalong" Monastery built during the reign of King Rama V where you will join the daily rituals practiced at the temple on a private basis. And finally, a short drive from there will take you to "Wat Phra Phuttha Mingmongkol Eaknakakeeree", with the biggest Buddha statue in South East Asia built on the hilltop and a breathtaking view auspicious for meditation. The half day program brings you back at the hotel on time for lunch.

**PRICING: in Thai Baht per person**  
**Rates are valid until 31 Oct 19**

No. of Persons	1	2	3-4	5-6	7-10	11-15
<b>01 Nov 18 – 31 Oct 19</b>	4,180	2,320	1,700	1,200	1,380	1,130

**Time:** 08:30 – 11:00

**Departure:** Daily

**Note:**

- Children between 2 and 11 years at the time of travel will receive a 15% discount.

**Our Services include:**

- Transportation with driver in A/C vehicle
- Entrance fees and activities where mentioned
- Service of English speaking local guide



- Drinking Water & cold towel during the tour
- Tip for driver

**Our Services do not include:**

- Other meals than mentioned
- Services of a local guide
- Other services than mentioned
- Other gratuities, personal expenses, drinks, and other items